


# THE PRAISES - HOLY SATURDAY

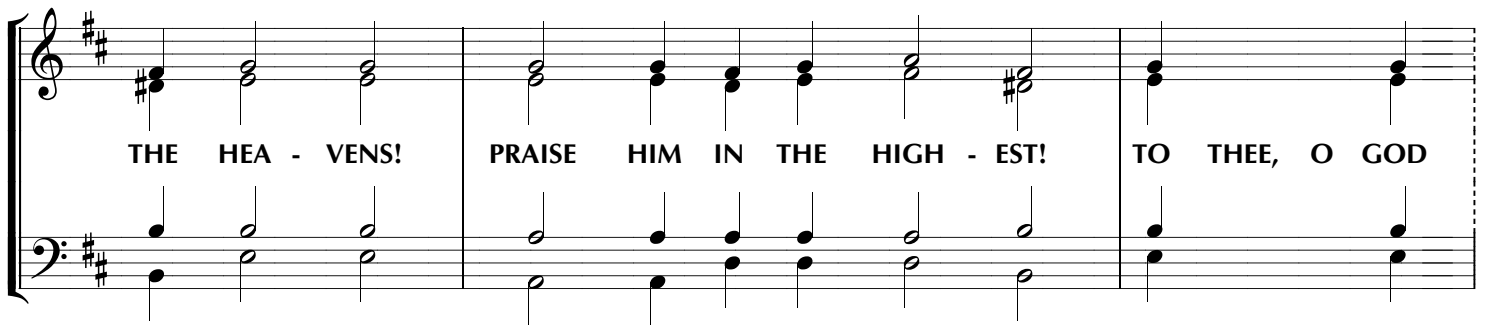
(Sung on Friday Evening)

Tone 2

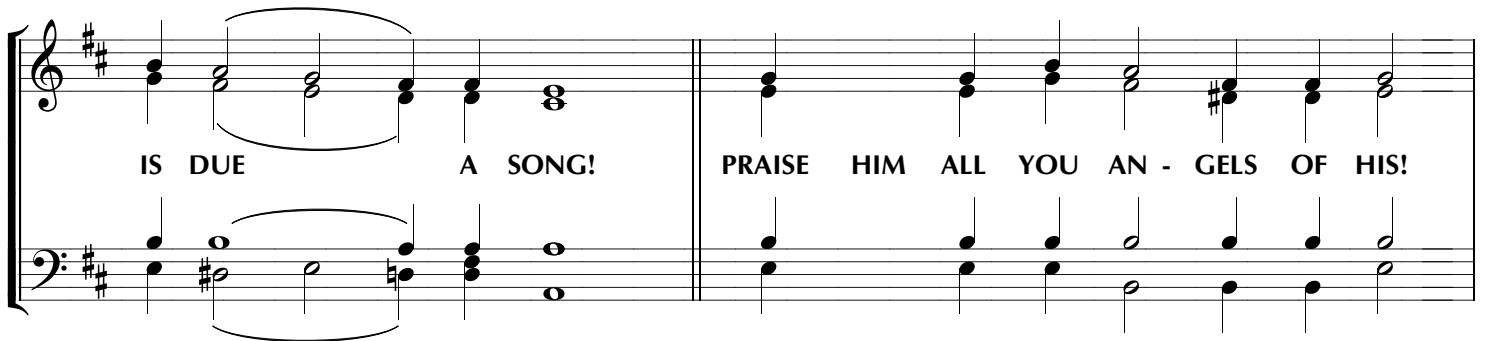
Trinity-St. Sergius Lavra Melody



LET EVERYTHING THAT HAS BREATH PRAISE THE LORD! PRAISE THE LORD FROM



THE HEAVENS! PRAISE HIM IN THE HIGHEST! TO THEE, O GOD

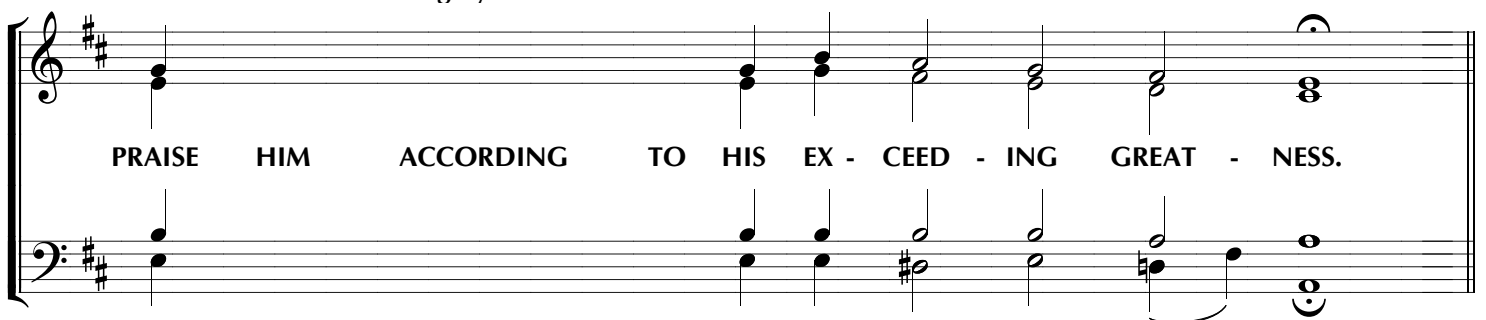


IS DUE A SONG! PRAISE HIM ALL YOU ANGELS OF HIS!



PRAISE HIM, ALL HIS HOSTS! TO THEE, O GOD IS DUE A SONG!

VERSE: Praise Him for His mighty deeds:



PRAISE HIM ACCORDING TO HIS EXCEEDING GREATNESS.

TODAY A TOMB HOLDS HIM WHO HOLDS CREATION IN THE HAL - LOW

OF HIS HAND. A STONE COVERS HIM WHO COVERED THE HEAVENS WITH

GLO - RY. LIFE SLEEPS AND HELL TREM - BLES. ADAM IS SET FREE

FROM HIS BONDS. GLO - RY TO THE PLAN OF SAL - VA - TION! BY IT

THOU HAST FUL - FILLED ALL THINGS, GRANTING US AN ETERNAL SAB - BATH

REST: THY MOST HOLY RE - SUR - REC - TION FROM THE DEAD.

VERSE: Praise Him with trumpet sound:

PRAISE HIM WITH LUTE AND HARP.

WHAT IS THIS SIGHT WE BE - HOLD? WHAT IS THIS PRES - ENT REST?

THE KING OF THE AGES KEEPS THE SAB - BATH IN THE TOMB; THROUGH HIS

PASSION HE HAS FULLFILLED THE PLAN OF SAL - VA - TION, GRANT - ING

US A NEW SAB - BATH REST. TO HIM, LET US CRY A - LOUD:

"ARISE, O GOD, AND JUDGE THE EARTH, FOR THOU DOST REIGN FOR -

EV - ER, AND BEYOND MEASURE IS THY GREAT MER - CY!"

**VERSE: Praise Him with timbrel and dance:**

PRAISE HIM WITH STRING AND PIPE.

COME, LET US SEE OUR LIFE LY - ING IN THE TOMB, TO GIVE LIFE TO

THOSE WHO LIE DEAD IN THE TOMBS. COME, LOOK TODAY ON THE

SON OF JU - DAH SLEEP - ING; WITH JACOB THE PATRIARCH, LET US

CRY TO HIM: "THOU HAST STOOPED DOWN; THOU HAST COUCHED AS A

LI - ON; WHO DARES ROUSE THEE UP, O KING?" BUT A - RISE

IN THINE OWN POW'R, O THOU WHO DIDST WILLINGLY GIVE THY -

SELF FOR US. O LORD GLO - RY TO THEE.

Tone 6

*Kievan Chant*

VERSE: Praise Him with sounding cymbals; praise Him with loud clashing

LET EVERYTHING THAT HAS BREATH

PRAISE THE LORD.

JOSEPH SOUGHT THE BODY OF JE - SUS AND LAID IT IN HIS OWN NEW

TOMB, FOR IT WAS FITTING THAT CHRIST COME FORTH FROM THE GRAVE AS

FROM A BRI - DAL CHAM - BER. O THOU WHO HAST DESTROYED THE

POW'R OF DEATH AND HAST OPENED FOR MANKIND THE GATES OF

PAR - A - DISE, GLO - RY TO THEE.

GLORY TO THE FATHER AND TO THE SON AND TO THE HO -

LY SPIR - IT.

THE GREAT MOSES MYSTIC'LY FORSHADOWED THIS DAY WHEN HE SAID:

"GOD BLESSED THE SEV - ENTH DAY. THIS IS THE BLESS - ED SAB - BATH;

THIS IS THE DAY OF REST, ON WHICH THE ONLY - BEGOTTEN SON OF

GOD RESTED FROM ALL HIS WORKS. BY SUFFERING DEATH TO FULFILL THE

PLAN OF SAL - VA - TION, HE KEPT THE SAB - BATH IN THE FLESH;



BY RETURNING AGAIN TO WHAT HE WAS, HE HAS GRANTED US ETERNAL

LIFE THROUGH HIS RE - SUR - REC - TION, FOR HE ALONE IS GOOD,

AND THE LOV - ER OF MAN.

Tone 2

*Optina Hermitage Chant  
Special Melody*

NOW AND EVER AND UNTO A - GES OF A - GES. A - MEN.

YOU ARE MOST BLESS - ED, O VIRGIN THE - O - TO - KOS,

FOR THROUGH THE GOD AND MAN WHO WAS BORN OF YOU,

HELL HAS BEEN CAP - TURED AND A - DAM RE - CALLED,

THE CURSE HAS BEEN AN - NULLED AND EVE SET FREE;

DEATH HAS BEEN SLAIN SO WE ARE GIV - EN LIFE: BLESSED IS CHRIST

OUR GOD WHOSE GOOD WILL IT WAS! GLO - RY TO YOU!