

Verses at “Lord, I call”

Friday of the first week of the Great Fast

In the fifth tone

10. Bring my soul out of prison, that I may give thanks to Thy name.

Come, O faith-ful, let us perform the works of God in the light; let us behave

The first system of musical notation consists of a treble and bass staff. The treble staff contains a series of chords and single notes, while the bass staff provides a harmonic accompaniment with similar chords and notes. The lyrics are written below the treble staff.

with decency as be-fits the day. Let us not make unjust accusations against

The second system of musical notation continues the melody and accompaniment. The lyrics are written below the treble staff.

our neigh-bors or place a cause ofstum-bling in their path. Let us lay aside all

The third system of musical notation continues the melody and accompaniment. The lyrics are written below the treble staff.

flesh-ly plea-sures and increase the spiritual gifts of our soul. Let us give food

The fourth system of musical notation continues the melody and accompaniment. The lyrics are written below the treble staff.

to those in need, drawing near to Christ and crying in re-pen-tance:

The fifth system of musical notation concludes the hymn. The lyrics are written below the treble staff.

“O our God, have mer - cy on us!”

9. The righteous will surround me; for Thou wilt deal bountifully with me.
Repeat: “Come, O faithful...”

Then four stichera for the martyrs in the tone of the week.

8. Out of the depths I cry to Thee, O Lord. Lord, hear my voice.
(and the first sticheron to the martyrs)

7. Let Thine ears be attentive to the voice of my supplications.
(and the second sticheron to the martyrs)

6. If Thou, O Lord, shouldest mark iniquities, Lord, who could stand? But there is forgiveness with Thee.
(and the third sticheron to the martyrs)

5. For Thy name’s sake I have waited for Thee, O Lord, my soul has waited for Thy word; my soul has hoped on the Lord.
(and the fourth sticheron to the martyrs)

*Then the following four stichera for St. Theodore of Tyre.
In the second tone*

4. From the morning watch until night, from the morning watch, let Israel hope on the Lord.

Come, all who love the mar - tyrs, let us rejoice in spirit and cel - e - brate.

Today the martyr The - o - dore offers a mys - ti - cal ban - quet, bringing joy to all

who keep his mem - o - ry. Unto him let us cry out with glad - ness:

“Rejoice, victo - ri - ous cham - pi - on, who trampled underfoot the ty - rant’s threats,

who gave your body to torture for the sake of Christ our God!

Re - joice, for by many trials you proved your - self a true warrior of

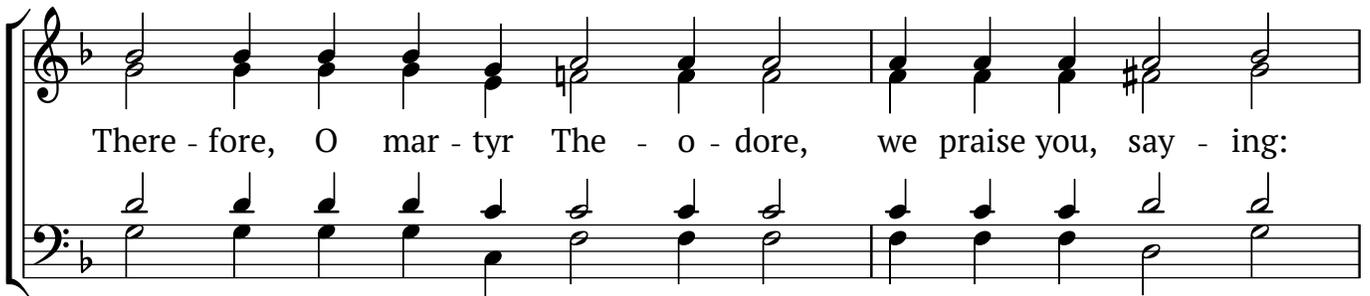


the heav - en - ly host. O glory of the mar - tyrs, pray for our souls.”

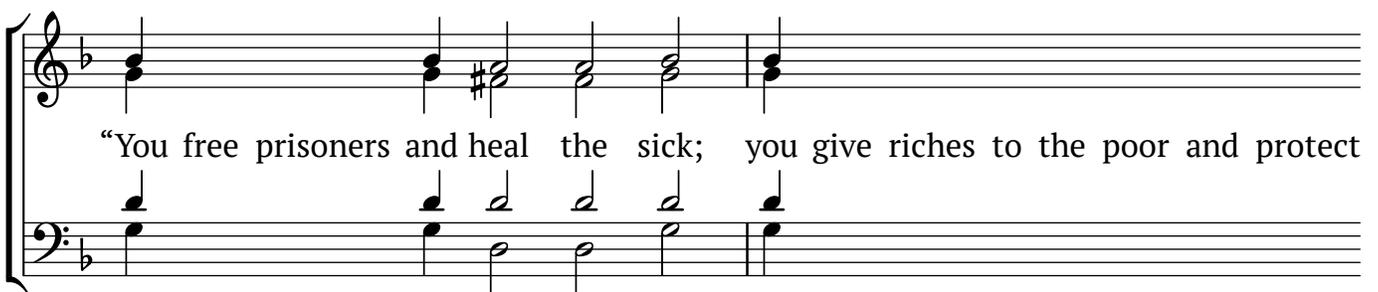
3. For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.



The God-given grace of your mir - a - cles you grant to all who run to you in faith.



There - fore, O mar - tyr The - o - dore, we praise you, say - ing:



“You free prisoners and heal the sick; you give riches to the poor and protect



those who sail the seas; you teach soldiers to abstain from plun - der.

In your loving compassion, you grant the prayers of chil-dren. You are the protector

of all who keep your ho - ly mem - o - ry. With them we also praise

your martyrdom, O saint of God." Pray to Christ, that He may show us

His great mer - cy.

2. Praise the Lord, all nations; praise Him, all peoples.

You are truly a gift from God, for even after death, O martyr The - o - dore,

you grant the petitions of those who turn to you. Thus, when a poor widow

came to your shrine in tears because foreign soldiers had captured her son,

in loving compassion you invisibly protected him. Now, as then, you never

cease from working wonders. Pray to Christ our God for our salvation.

1. For His mercy is abundant towards us; and the truth of the Lord endureth for ever.

We honor you, thrice-blessed Theodore. Rightly are you named "gift from God,"

for you are a never-setting star of the di - vine light, and through your sufferings

you shine on all the world. Proving stronger than fire, you quenched the flames.

You crushed the head of the deceit - ful ser - pent. Therefore in the midst of your suf -

fer - ings Christ came and set a crown upon your ho - ly head. Since you have

boldness before God, O great mar - tyr, fervently in - ter - cede for our souls.

In the sixth tone

Glory to the Father and to the Son and to the Holy Spirit.

Using the apostate emperor as his in - stru - ment, the devil devised a cru - el plot:

as the people of God were purifying themselves through fast - ing, he sought to

defile them with food sacrificed to i - dols; but you defeated his craftiness with a

more skill - ful plan: Appearing in a dream to the arch - bish - op,

you revealed the wicked plot to him. For this we offer you a sacrifice of

thanks-giv - ing and honor you as our pro - tec - tor, remembering

this miracle every year at this time. By your intercessions we pray, O mar-

tyr The - o - dore, may we be kept safe from the cunning of the en - e - my.

Now and ever and unto ages of ages. Amen.
(and the Dogmatikon in the tone of the week)